

Model Language for Athletic Association ByLaws

The following language can be added to Association bylaws to protect student athletes from sudden cardiac arrest. This method is an alternative to a legislative mandate.

Parental Awareness

On a yearly basis, a Sudden Cardiac Arrest information sheet shall be signed and returned by all athletes and the athlete's parent(s)/guardian(s)/caregiver before the athlete begins practice or competition.

Coach Education

All coaches, paid and unpaid, must complete a coaching education program on the signs and symptoms of sudden cardiac arrest. This education should all include CPR and AED training.

Player Removal

A student-athlete who passes out or faints while participating in, or immediately following, an athletic activity or who is known to have passed out or fainted while participating in, or immediately following an athletic activity, must be removed immediately from participating in a practice or game for the remainder of the day. A student athlete who has been removed may not return to practice or play until the student athlete is evaluated by a licensed health care provider and receives written clearance to return to practice or play.

Similar language can be found in the California Interscholastic Federation bylaws using the links below.

http://static.psb.in.com/n/0/927xpa4ybch854/500_Series.pdf

http://static.psb.in.com/8/1/08j15zqzmp14bl/Article_2.pdf